

ANNUAL REPORT 2006-2007

FOREWORD

TEDS last year helped almost 2,400 individuals who have found themselves, for whatever reason, requiring some form of assistance because of drugs. This is a large number. If TED did not exist it is difficult to imagine how so many could have received any help at all from the other hard-pressed services. The fact is, of course, that if TEDS did not exist we would have to invent it!

Their expertise extends across prescription and non prescription drugs – across, if you like, the effects of “legal” and illegal supplies of a massive range of substances, many of which have the potential to be addictive and psychologically damaging.

As the Foreign & Commonwealth Office minister with responsibility for trying to defeat the international narcotics trade and terrorism, I have been proud to tell people as far apart as Afghanistan and Columbia about the work that TEDS does to reduce the demand for heroin, cocaine, crack and morphine derivatives. TEDS is helping to answer a basic question in drug exporting countries: “Will you do your utmost in Britain to cut back on the demand for illegal drugs that are grown here and which are helping to ruin our country and kill our people?”

The demand for heroin, cocaine and their derivatives in this country is not just ruining people’s lives in Southern America and Southern Asia, it also helps to fund terrorism. The Taliban in Afghanistan are hired by the narco gangsters to protect their opium poppy crops and heroin laboratories. The Columbian terrorists, FARC, now run the largest cocaine cartel in South America. These people are helping to murder our troops in Afghanistan. That is just one of the shocking consequences of the continuing demand on our streets for heroin and we should never forget it, not for one moment.

We must fight to stem this trade at all stages and TEDS plays a significant role in that fight. I am proud to be its Honorary President and proud to invite you to applaud the efforts of everyone, volunteers and full-times, who do such sterling work for the organisation.

KIM HOWELLS MP

Minister of State for the Middle East, the Americas,

Counter Terrorism and Counter Narcotics

CHAIR’S REPORT

Welcome to the TEDS Annual Report for 2006/07. You will note from the contents that it has been another busy year for us.

We have a highly skilled and committed staff team who deliver our services in a professional and client led manner, ensuring TEDS good reputation is maintained with other agencies and service users alike.

I would like to thank our funders and partners for their continued support and we look forward to working with you all for many years to come.

I hope you find this report informative but if you have any queries please do not hesitate to contact us.

Glyn Evans

Chair

AIMS & PHILOSOPHY

TEDS was established in 1985 as a community response to substance misuse related problems. We cover Rhondda Cynon Taff for all our services and we also deliver some services in the Bridgend County Borough area and Merthyr Tydfil.

We provide a range of services for people who are affected by substance misuse. These services are delivered within a harm reduction framework and are provided free, in confidence and are tailored, as far as possible, to meet individual service user's needs in a non-judgemental, non-discriminatory way.

The principles of individual choice have always been, and will remain, of paramount importance to TEDS and we maintain the commitment to providing a quality service in all areas of our work.

MANAGEMENT COMMITTEE

As at 31st March 2007 Co-opted

Glyn Evans	Chair
Joyce Butters	Vice Chair
Rhian Hills	Trustee
Chris Metcalfe	Trustee
Paul Pritchard	Trustee
Dennis Street	Trustee
Jean Yerbury	Trustee

Co-opted

Jean Harrington	Manager
Liz Begg	Deputy Manager

STAFF TEAM

As at 31st March 2007

Liz	Begg	Deputy Manager	Kath	Jennings	YOS Substance Misuse Worker
Michael	Beynon	Progress2Work Project Worker	Lynne	Johanson	Counsellor
Emma	Borland	Young Person's Worker	Karen	Johnston	Admin Worker
Lizzy	Bray	Progress2Work Project Worker	Ailsa	Leach	Relapse Prevention Worker
Chris	Coffey	RAP Project Worker	Katrina	Liosatos	Counsellor
Belinda	Coleman	Progress2Work Project Worker	Leanne	Morris	Substance Misuse Project worker
Lynn	Davies	Progress2Work Project Worker	Lisa	O'Sullivan	Detox Worker
Geraint	Davies	D.I.P. Case Manager	Mark	Oates	Relapse Prevention Worker
Jennifer	Dixon	Young Person's Worker	Michelle	Pearson	Families First Childcare Worker
Bethan	Elias	YOS Substance Misuse Worker	Gina	Phillips	Admin Worker
Mark	Evans	D.I.P. Case Manager	Rhiannon	Price	Families First Childcare Worker
Angelica	Evans	Young People's Worker	Susan	Rainbird	Senior Admin worker
Stephanie	Farrugia	Admin Worker	Nadia	Rees	Families First Training Officer
Pat	Grba	Community Development Worker	Colin	Richards	Detox Nurse
Lindsey	Haggar	Project Worker	Nicola	Richards	Progress2Work Project Worker
Bethan	Handyside	Families First Childcare Worker	Eryl	Simmonds	D.I.P. Case Manager
Jean	Harrington	Manager	Sara	Stone	Alcohol Support Worker
Corinne	Havard	Progress2Work Project Worker	Pat	Underwood	Project Worker
Sian	Hetherington	Admin Worker	Rachel	Watkins	Probation Worker
Ann	Hughes	Progress2Work Project Worker	Hafren	Watkins	RAP Project Worker
Leah	Huntley	Progress2Work Project Worker	Ceri	Watts	Training Manager
Kerry	Jenkins	Progress2Work Project Worker	Vicky	Whitcombe	Arrest Referral Worker

This Annual Report is dedicated to Andrea Goodwin - DIP Case Manager, who tragically died in February 2007. She was totally committed to the work of TEDS and our client group and is sadly missed by everyone who knew her.

PROJECT BREAKDOWN

<p>Core Services</p> <p>full range of interventions</p>	<p>Home Detox & Rehabilitation</p> <p>481 referrals to Detox and Relapse Prevention</p>	<p>Counselling</p> <p>193 individuals seen</p>
<p>Needle Exchange</p> <p>359 individuals using service</p>	<p>Advice & Information</p> <p>for service users professionals & families</p>	<p>Training</p> <p>372 sessions 50 organisations 12,000 participants</p>
<p>Family Support</p> <p>65 families supported</p>	<p>Criminal Justice Services</p> <p>Arrest Referral, DRR, DIP, Probation</p>	<p>Youth Offending Service</p> <p>working with young offenders with substance misuse problems</p>
<p>Young Person's Services</p> <p>working with young people up to 25 years old</p>	<p>Looked After Children</p> <p>working with young people in the care system</p>	<p>Progress2Work</p> <p>576 referrals - helping clients back into training/education or employment</p>
<p>Alcohol Project</p> <p>working with patients from the Royal Glamorgan Hospital</p>	<p>Community Care</p> <p>working within the Substance Misuse Team of the Local Authority</p>	<p>RISMS</p> <p>multi agency project providing services in the Rhondda</p>
<p>Community Development</p> <p>looking at local responses to substance related issues</p>	<p>Complimentary Therapies</p> <p>acupuncture & relaxation techniques</p>	<p>Families First</p> <p>child focussed service for children of parents who are substance misusers</p>
<p>Volunteer Training & Mentoring</p> <p>developing a volunteer base to support our work</p>	<p>Strategic Planning/ Forums</p> <p>working with partner agencies to deliver quality services</p>	<p>Social Work Student Placements</p> <p>providing opportunities for students to learn about substance misuse</p>

ACTIVITY 2006/07

TOTAL OFFICE CONTACTS	12,140
KNOWN CLIENTS	1460
NEW CLIENTS	935
TOTAL CLIENTS	2,395

NEW BY GENDER	
MALE	682
FEMALE	253

NEW BY MAIN AREA			
RHONDDA	297	CYNON	280
TAFF	210	BRIDGEND	117
		OTHER	31

NEW BY MAIN DRUG					
ALCOHOL	372	AMPHETAMINES	57	BENZODIAZEPINES	12
CANNABIS	78	CRACK/COCAINE	13	OPIATES	91
STEROIDS	95	N/A	136	OTHER	81

NEW BY REFERRAL SOURCE					
CDAT	55	ARREST REFERRAL	104	MENTAL HEALTH	18
GP	31	PROBATION	81	FAMILY/FRIENDS	56
SELF	201	NEEDLE EXCHANGE	140	SCHOOLS	9
YOS	5	NHS	19	JOBCENTRE	121
DIP	6	SOCIAL	36	OTHER	53

SERVICES

NEW BY AGE			
UNDER 15	38	21 - 25	170
16 - 18	72	26 - 30	137
19 - 20	84	OVER 31	411
UNKNOWN	23		

NEEDLE EXCHANGE	
CLIENTS USING EXCHANGE	359
NEW CLIENTS	140
NUMBER OF VISITS	1472
RETURN RATE	89%

OUTCOMES

ONGOING	563	IN CUSTODY	65
REFERRED ON	101	DECEASED	11
CLIENT DISENGAGED	298	UNKNOWN	85
AGREED END	399	NEEDLE EXCHANGE	359
GOAL ACHIEVED	514		

CASE STUDIES

1.

Ann, 20, referred herself into TEDS and was allocated to a young person's worker. She was drinking 10 cans of lager and a bottle of wine, taking illicit Diazepam and smoking Cannabis on a daily basis. She was extremely anxious and depressed and had been a victim of domestic abuse. Because of this she left her flat and moved in with her mother.

She started to reduce her alcohol slowly with the help of a drink diary and worked with her key worker around her anxiety issues. They looked at coping strategies and arranged practical help such as Yoga and acupuncture.

Two months later Ann moved back into her flat and continued to reduce her drug and alcohol use. Five months after her initial referral, Ann only drinks socially and has recently got engaged to her new boyfriend.

2.

Charlie was 20 years old when he was referred to Progress2Work by his advisor at the Job Centre. He was undertaking a detox from Heroin and had recently served a custodial sentence for drug related offences. He was looking for work in the Construction trade. Charlie had left school with no qualifications and had had a succession of jobs, but was enthusiastic about attending training to gain the necessary skills and qualifications needed to work in construction.

We registered Charlie with a job broker and he attended a Building Skills Centre for 12 months where he gained an NVQ in general maintenance. While on placement Charlie was offered full time employment on completion of his training and he has sustained that employment to date.

He successfully completed his detox and has not offended or used any drugs for nearly two years.

3.

Donna is a 44 year old lady who has a long history of alcohol dependence. She had had abusive relationships in the past and her mother died from an alcohol related illness. Donna had also been the victim of rape.

Donna was referred to TEDS in 2005 when she had started having contact with her children again – her motivation for change.

Her key worker kept regular appointments, encouraging her to go out and helping her to look for things to do to occupy her time. She wanted to achieve abstinence and we worked with her to help her to maintain this.

Donna was referred to Progress2Work to look at what opportunities were available to her. However, she found her own volunteering placement where she had been a service user, working with people with learning difficulties. Donna recently received an award for her achievements and positive attitude of encouraging others back into learning.

Donna has now been abstinent for 2 years and lives a totally independent life. She wrote “Thank you for

all your help and support, I wouldn't be where I am today without it, and wouldn't have achieved what I have and hope I will achieve lots more".

4.

Betty is a 33 year old lady referred to TEDS by a statutory agency.

She had a traumatic childhood, witnessing domestic abuse with her parents and suffering physical and sexual abuse from her father. She was placed in care with her siblings, where she began experimenting with drugs and alcohol. The following year her father murdered her mother. She became pregnant at 16 and coped well with her son until her partner committed suicide when her son was 3 years old. Her drinking increased dramatically over the following years and her son was taken into care at her request when he was 10 years old.

Betty's mental health continued to deteriorate and she began to self harm. She had several stays in Psychiatric Hospitals.

At the time of the referral, Betty was drinking 1 litre of vodka, 1 bottle of sherry and 1 flagon of cider every day.

We supported Betty through an in patient detox and developed a workbook with her to help with relapse prevention. There were a couple of lapses, but Betty has managed these well.

She has started to rebuild her relationship with her son and has applied for more suitable housing to enable him to visit her. She remains motivated to maintain her abstinence.

A full set of accounts is available on request.

If you have any queries regarding this report please email teds@teds.org.uk